

**Start Smart for Your Baby (Start Smart)** is our special program for women who are pregnant and for moms who had just had a baby. We want to help you take care of yourself and your child through this whole process. Information will be given by mail, phone and through our web site ([www.startsmartforyourbaby.com](http://www.startsmartforyourbaby.com)).

Our Start Smart staff can answer questions and give you support if you are having a problem. Home visits can also be arranged if needed. There is even a way to earn rewards for going to the doctor!

We have many ways to help you have a healthy pregnancy. But before we can